

BIOPSY WOUND CARE INSTRUCTIONS

You should return for suture removal and discussion of pathology results in 10 -14 days

- Leave your wound dressings in place for the rest of the day of the biopsy and keep them dry
- Band aid placed over the biopsy site should be changed daily.
- The wound will heal faster and with less scarring if you continue to keep it moist with *Bacitracin Zinc Ointment* or *Catrix Ointment*
- You may shower and get your wounds wet day after biopsy. Soaking baths and swimming is not allowed.
- You may use a mild soap and water to wash your wound. Do not scrub. Pat dry
- Please refrain from physical activity until your stitches are removed. Avoid lifting heavy items or weights and avoid bending for at least 2 weeks.
- Redness and mild swelling may occur around the wound for a few days.
- Pain is usually mild. To relieve your mild pain or discomfort, take acetaminophen (Tylenol[®]) or Extra Strength Acetaminophen (Extra Strength Tylenol[®]). Follow the dose directions on the package.

When to call office immediately?

- Any of the following symptoms at your wound or the area around it:
 - o Increasing redness or swelling
 - Increasing pain or discomfort
 - o Skin that is hard or warm/hot to the touch
 - Yellowish or greenish drainage
 - Bleeding that doesn't stop after applying pressure
 - o Foul odor
 - o If the lesion appears to have opened
 - o Rash
 - o Blistering
- A temperature of 100.4° F (38 ° C) or higher
- If you do not have a follow-up appointment